

# **GOD SAYS YOU ARE HEALED YOU ARE HEALED!! GOD SAYS SO!!!**

I am redeemed by the blood of Jesus and I belong fully to Him

By His Stripes I was healed and healing is my inheritance now

Christ has taken my sickness and carried my pain, so I don't carry them anymore

I am a new creation in Christ and sickness has no authority over the new man that I am in Him  
I have been bought with a price and my body glorifies God in health

I am seated with Christ in heavenly places far above all sickness and disease

The same Spirit that raised Jesus from the dead gives life to my mortal body today

I live under the Covenant of the cross where healing was secured for me

The blood of Jesus has cleansed me, redeemed me and purchased my wholeness

Jesus bore my griefs and carried my sorrow  
He carried every pain so I could walk free

I am free from the curse of the law and no curse of sickness can remain in me

I have been translated out of darkness into the kingdom of health, light and life

I am united with Christ and His life flows into every part of me

The Law of the Spirit of Life in Christ Jesus has set me free from the law of sin and death and sickness

I am complete in Christ and nothing missing or broken is allowed in my body

My identity is Christ my healer not symptom or sickness

I belong to the Lord and the mark of His covenant is health in my flesh

Jesus is the same yesterday, today and forever, as my redeemer.  
He is also my healer

I am healed because Jesus said it is finished and I rest in the finished work

I am in covenant with the God who heals me and the covenant cannot be broken  
Christ in me is my hope of glory and my guarantee of health

I am more than a conqueror in Christ, even over sickness and disease.

Healing is my covenant right and I receive it as part of my redemption .

I have been purchased by the lamb of God and my healing is secured in His sacrifice

My name is written in the lamb's book of life  
My health is part of my salvation package  
I stand righteous in Christ and the prayer of the righteous brings healing that avails much in me  
I am reconciled to God and in His Presence no sickness can survive

I am a child of Abraham by faith and I inherit the blessing of health

I am filled with the Spirit of God and where His Spirit dwells sickness cannot remain.

I live in covenant blessing and sickness belongs to the curse not to me

I am an heir of God, what belongs to Him belongs to me, including health

The cross of Jesus removed my sins and sickness together and I walk free of both

I am chosen, holy and beloved and health is the portion of God's chosen ones

I am sanctified in Christ and my body is set apart for strength not weakness

I am washed justified and healed by the blood of Jesus

I live under grace and grace supplies health to my body every day  
My body is dead to sin but alive to God and His life in me is health

I was crucified with Christ and the life I now live in the flesh is filled with His healing virtue  
I am redeemed from destruction and the Lord crowns me with loving kindness and satisfies me with good so that my youth is renewed like the eagle's

I am alive in Christ and that life swallows up every trace of sickness

The resurrection of Jesus guarantees my healing today

As He is so am I in the world  
Jesus is whole and healed, therefore I am whole and healed

I am rooted and built up in Christ and that root produces only life and health

I have been justified by faith and I have peace with God and that peace filled me with health

I am kept by the power of God through faith and that power keeps my body whole

I am in Christ and Christ is in me and His Presence establishes my health

The covenant of redemption sealed by the blood of Jesus guarantee my freedom from sickness  
I am forgiven, therefore I am healed for the same cross gave me both  
I am established in righteousness and oppression including sickness is far from me

I am under the blessing of the Lord and the blessing makes me rich in health and adds no sorrow  
I belong to the Great Physician and He has healed me with His Word.

I am covered by the Blood and the destroyer cannot touch me with sickness

My name is written in heaven and heaven records me as healed and whole

I am anointed by the Holy Spirit and the anointing destroys every yoke of sickness

I am God's workmanship created in Christ Jesus and His creation is whole and strong

I am born of incorruptible seed and the seed produces life not disease

I am redeemed by power and blood and redemption is health in my body

I am adopted into the family of God, and healing belongs to the children's bread

I am sealed with the spirit of promise and that seal includes my divine health.

I am delivered from the power of darkness and no sickness can drag me back

I am blessed with all spiritual blessings in Christ and healing is among them  
I am accepted in the beloved, and in Him there is no sickness only wholeness  
I am strong in the Lord and in the power of His Might and that strength is health in me.  
I am a partaker of the divine nature, and God's nature doesn't include sickness

I am reconciled and restored and restoration is health to my body

I am filled with the fullness of God and in His fullness no sickness can remain

I am kept by the covenant of mercy of God and His mercy is health to my flesh

I am preserved blameless in spirit soul and body, until the coming of Jesus Christ

I am the temple of God and His temple is holy, healthy and strong

I am called out of darkness and the light of Christ drives sickness away.

I am chosen for health, appointed to bear fruit that remains and my body bears fruit of healing  
I am sealed unto the day of redemption, and that seal keeps me whole until then

I am healed because I am His and He is my healer forever.

I have authority over all the power of the enemy and nothing shall by any means hurt me  
I trample upon serpents and scorpions and over all the works of the devil including sickness  
In the name of Jesus, I command every sickness and disease to leave my body  
I refuse to accept what Jesus has already carried for me.

The power of life and death is in my tongue, and I speak life and health to my body

Whatever I bind on earth is bound in heaven and I bind sickness from operating in my life.  
Whatever I lose on earth is loosed in heaven, and I loose healing and wholeness into my body. I  
resist the devil and he flees from me and sickness is part of his works

The word of God is the Sword of the Spirit and I cut down every lie of sickness with it  
I take the shield of faith and I quench every fiery dart of pain, affliction and disease

I speak to every mountain of sickness and I command it to be removed and cast into the sea.  
My body is the temple of the Holy Spirit and no sickness can dwell in God's temple.

The same spirit that raised Christ from the dead is quickening my mortal body right now.  
I stand firm in the victory of the cross and I will not tolerate sickness in my life  
I command every pain to leave and never return  
I speak to every organ in my body and I command them to function perfectly  
I take my authority in Christ and forbid sickness to rule over me

I reject every diagnosis that contradicts the word of God  
I rebuke every spirit of infirmity and I cast it out in the name of Jesus.

I declare that by the authority of Christ no weapon formed against my health will prosper  
I cancel every assignment of sickness against my body  
I renounce every generational curse of disease and I declare that the blood of Jesus has set me  
free  
I command inflammation to cease and pain to vanish  
I forbid infection from spreading in my body  
I take dominion over every virus and bacteria and I declare that they cannot harm me.

I release the fire of the Holy Ghost against every work of sickness in my system  
I command tumours to shrink and dissolve now in the name of Jesus

I uproot every trace of disease from my body by the authority of Christ  
I cancel the operation of every hidden sickness and expose it to the light of Christ

I declare that I am strong in the Lord and sickness is weak before me  
I cast down every thought of fear and unbelief concerning my health  
I use the name of Jesus and at that name every sickness must bow

I declare that satan has no right over my health for I have been bought by the blood  
I bind every spirit of affliction and command it to leave immediately  
I declare that the enemy cannot steal my health, my strength or my life.

I speak life to my blood and I command it to flow with divine health.  
I speak strength into my bones and I command them to be strong and whole  
I release divine order into my body systems and I command them to align with god's design.  
I exercise my authority over fatigue and declare renewed energy now

I forbid depression, anxiety or heaviness from affecting my body or mind  
I declare that I walk in dominion over sickness because Christ lives in me  
I declare that affliction will not rise up a second time in my life  
I overthrow every work of the devil against my health with the authority of Jesus name  
I enforce the victory of Calvary in my body today

I cast off every label of sickness, take on the identity of the healed  
I declare that my authority in Christ cancels every negative medical report  
I cancel every lie of the enemy that tries to exalt itself above the truth of God's word

I speak to every cell in my body and I command them to be filled with life  
I take authority over hereditary sickness and I declare it ends with me.  
I bind the spirit of fear that tries to attach itself to symptoms

I declare that the anointing of the Holy Spirit breaks every yoke of infirmity  
I command new tissues new organs and new strength to manifest in my body  
I exercise dominion through the name of Jesus and I reign over sickness.

I stand as more than a conqueror and sickness is under my feet  
I command my immune system to be strong, alert and quick to defend me  
I forbid premature death and declare that I will live and not die to declare the works of Lord.  
I speak divine alignment to every system in my body  
I reject every symptom that contradicts my healing in Christ  
I command my hormones to be balanced and to function properly

I take my place in Christ  
And from that place of victory I reject every form of sickness  
I declare that my healing is not future but now by the authority of Jesus  
I use my words to enforce health and I refuse to speak sickness into my life  
I pulldown every stronghold of disease that tries to take root in my body

I declare that by the blood of Jesus sickness has no legal ground in me  
I declare divine reversal of every negative diagnosis spoken over my life  
I silence every voice of the enemy that tries to speak sickness into my future  
I declare that the life of God in me is greater than any attack against my health

I reject the oppression of sickness for I have been set free by Christ  
I command strength to rise in every weak place of my body  
I declare that Christ authority flows through me and I enforce health by His word

I speak against recurrence of sickness and I forbid it in Jesus name  
I declare that the peace of God rules over my body leaving no place for disease

I command swelling, pain or stiffness to go now in the name of Jesus  
I declare that I live in dominion not under oppression and my health testifies to that victory  
The Word of God is life to me and health to all my flesh  
I send the Word into my body and it heals me and delivers me from every destruction

The entrance of God's Word gives light and that light drives out the darkness of sickness  
I meditate on the Word day and night and it causes me to prosper in health  
I declare the promises of God and they manifest as healing in me  
The Word is living and powerful and it works mightily in me to restore health  
The Word of the Lord does not return void but accomplishes healing in my body  
God watches over His Word to perform it and His word is performing healing in me now

The Spirit of the God dwells in me and He gives life to every part of my body  
The anointing of the Holy Spirit flows through me and makes me whole

The Power of the Lord is present to heal me and the power is working right now  
The Spirit of Life in Christ Jesus flows in my blood my bones and my tissues  
The Holy Spirit is quickening my mortal body with resurrection power  
The Word of Christ dwells richly in me, producing strength and health

I holdfast to the Word and it becomes medicine to my whole being  
The Word planted in my heart grows into a harvest of health in my body

The Spirit of truth testifies that I am healed and I agree with Him  
The Word of God cleanses me from sickness and restores me to wholeness  
The Spirit is my helper and He strengthens me in my inner man and in my body  
I am filled with the Spirit and that fullness overflows in to my health

I speak the Word in faith and the Spirit confirms with power in my body  
The Word sustains me and the Spirit energises me daily  
I live by every Word that proceeds from the mouth of God and that Word sustains my health  
The Spirit pours out rivers of living water within me and the life renews my body

The Word is sharper than a two edged sword cutting away sickness and restoring health  
The Spirit of Wisdom and revelation opens my eyes to see myself healed

The Word of healing is near me in my mouth and in my heart and I declare it over my body  
The Spirit of the Lord is upon me and He has anointed me to live in freedom from sickness  
I am filled with the Word and my body responds to the truth of that Word

The Spirit strengthens me with might and every weakness disappears

The Word builds me up and gives me an inheritance of health among the saints  
The Word of faith is alive in me and it manifests healing in my flesh

The Spirit intercedes for me and His intercession produces wholeness

The Word abides in me and I abide in health

The Spirit of life overcomes the law of sickness in my body

The Word of God in my mouth is a weapon that drives out affliction

The Spirit renews my youth like the eagles and restores strength to me daily

I speak the Word boldly and the Spirit confirms it with signs of healing in me

The Word sustains my bones, muscles, and my organs in perfect health

The Spirit brings freedom and I am free from every bondage of sickness

I mix faith with the Word and it profits me with healing  
The Spirit of adoption assures me that as a child of God, healing is my portion

The Word reveals Jesus as my healer and the Spirit manifests His healing in me

The Spirit overshadows me with divine power and weakness leaves my body

The Word of Christ is established forever in heaven and on earth

The spirit of power, love and sound mind rules over me and sickness cannot rule me  
The Word revives me and the Spirit empowers me with new life

The Spirit of holiness preserves my body blameless and whole

The Word is a lamp to me feet and a light unto my path and that light guides me into health  
The Spirit produces the fruit of life and peace in my body  
The Word of faith in my mouth calls those things that be not as though they were and I call myself healed  
The Spirit testifies with my spirit that I am healed and whole in Christ

The Word is the seed, and healing is the harvest in my life  
The Spirit hovers over me bringing order and life into every part of my body  
The Word sanctifies me and that sanctification includes my health

The spirit works in me both to will and to do God's good pleasure and His pleasure is my health  
The Word is hidden in my heart and it brings forth strength in my body  
The Spirit of life flows through me like a river cleanses and restoring  
The Word sets me free and I am free from disease

The Spirit bears fruit in me and one of those fruits is vitality and health

The Word is spirit and life and it fills my flesh with life  
The Spirit teaches me to declare health and manifests as I speak

The Word heals my wounds and restores my health.  
The Spirit fills me with resurrection life making me whole from within

The Word of God is settled forever and my healing is settled with it  
The Spirit seals me unto the day of redemption and that seals includes health in my body

The Word runs swiftly and brings healing wherever it goes including in me  
The Spirit lifts up a standard against every attack on my health  
The Word is established in my bones my organs and my bloodstream as life  
The Spirit clothes me with power from on high and that power keeps me strong and well.  
The Word makes me strong and the Spirit empowers me to live free from sickness  
The Word has healed me and the Spirit sustains my healing

Healing is manifesting in my body right now

The power of God is at work in me and I receive my healing this very moment  
By the stripes of Jesus I was healed and I walk in that healing today  
Sickness is leaving my body now and health is springing forth speedily

The life of God is flowing through me and restoring every cell tissue and organs  
The Spirit of life is quickening my mortal body right now with divine energy  
The Word I speak is manifesting as healing in my flesh this instant

Pain is disappearing from my body and strength is returning now

Healing is not delayed—it is mine now in Christ  
Every symptom is bowing to the name of Jesus right now

Wholeness is rising within me and I am strong in the Lord this very moment

The power of the Lord is present to heal me, and I am healed right now.  
The flow of life from Jesus is restoring my health immediately

I lay hold of healing and I refuse to let go

The Lord is restoring health to me this very hour

The anointing is working in me removing burdens and destroying yokes of sickness

My body is the temple of the Holy Spirit and healing is manifesting in His temple now

Strength is manifesting in my bones right now

Clarity is manifesting in my mind right now

Peace is manifesting in nerves right now

Resurrection power of Christ is active in me now, making me whole

Every hidden sickness is uprooted now by the power of God

The spirit of God is moving in me now, flushing out every trace of disease.

I am not waiting for healing—it is here, it is mine and it is manifesting

The blood of Jesus speaks better things and it is speaking healing for me now

The Word of God is alive in me and it is producing health right now  
The life of God drives out death and sickness instantly from my body

I call my body healed now in the mighty name of Jesus  
Strength is manifesting in my muscles and joints now

Energy is manifesting in my blood now  
Wholeness is manifesting in every organ now  
My eyes are seeing healing now  
My ears are hearing healing now  
My heart is beating with the rhythm of health now  
My lungs are breathing with ease now  
My bones are infused with strength now

The fire of the Holy Spirit is consuming sickness in me now  
The Power of God is restoring my health now  
The Word of God is prospering in me now with healing results  
Angels are ministering healing to me now  
The hand of the Lord is upon me  
His touch is healing me instantly

The covenant of healing is manifesting in me now  
I am experiencing immediate recovery in my body

The river of life is flowing through me cleansing me now  
The Word is medicine and it is working instantly in me

The Spirit is life and the life is manifesting in my health right now

I declare that healing is here, it is mine and it is permanent

Every pain vanishes now  
Every swelling goes down now  
Every infection dies now  
Every weakness is replaced with strength now  
Every malfunctioning part is corrected now  
Every broken part is restored now  
Every damaged cell is renewed now  
Every hidden condition is healed now

The miracle power of Jesus is working in me now  
The healing anointing is flowing through me now  
The resurrection life is manifesting in me now

The Word of God is prevailing in my body now  
The name of Jesus is producing results now  
The Spirit is confirms healing now

The blood is enforcing my wholeness now

The promise is fulfilled in me now

I am not the sick trying to be healed, I am the healed living out my health

The reality of my healing is manifesting visibly now  
I rejoice because I see the results now  
I glorify God because His Word Is true now  
My body testifies that Jesus is my healer now  
The report of the Lord is my reality now  
Health is my experience now  
Wholeness is my story now  
Healing is manifesting now, and it shall never be reversed

I walk in health every single day of my life

The Lord is the strength of my life I will never be weak  
Daily His mercies are are new in me and His health renewed in my body

The Word of God is life to me and it keeps me strong each day.  
I live in divine health as my covenant right  
Every morning I wake up strong and refreshed in the Lord  
Every night I lie down in peace and my body is restored by His Presence  
He daily loads me with benefits and one of those benefits is health

My body is sustained by the power of God every single day  
I refuse to have off days of weakness  
Every day is a day of strength for me  
My health is consistent because the Lord Himself is my health

The Holy Spirit renews my body daily as I walk with Him

I am not a victim of fluctuating health  
My health is stable in Christ

Sickness cannot dictate my days  
The Lord dictates my health

Every step I take is in strength not in weakness  
My energy is supernatural, and it does not run out

I am strong in the Lord and in the power of His might every day  
The life of God keeps me immune to sickness  
I am never helpless in my health, because God is my strength daily  
Every day of my life is covered by the blood of Jesus which enforces my healing  
The Power that sustains the universe sustains my health daily  
My health does not depend on the weather; it depends on God's Word  
My strength does not depend on age, it depends on God's Spirit

Every system in my body functions properly everyday  
Every cell in my body responds daily to the Word of God  
The Word of God is health to all flesh everyday

I walk in healing today, tomorrow and all the days of my life  
I live above sickness because divine health is my portion  
I enjoy stability of health and strength daily  
No weakness, no breakdown—only daily strength in Christ  
I rise above fatigue, because the Lord renews my youth as the eagles  
I am filled with vitality, not weariness all the days of my life  
The Lord is my daily portion and His Portion is health and peace

My health is secured daily by the covenant of God  
I am strengthened in my body, soul and spirit everyday  
My life is a testimony of consistent health and daily strength  
The Lord teaches me to prosper in health every single day

My path is like a shining light, growing brighter in strength daily  
I enjoy soundness in my mind and strength in my body everyday  
Sickness is not permitted to interrupt my daily walk

Weakness is not permitted to linger in my body  
My blood, my organs and my systems function in divine order daily  
The Spirit of God sustains my body with supernatural strength each day

Daily health is my reality not a struggle  
Daily strength is my experience, not a dream  
Everyday I live, I prove that the Lord is my healer  
I will never have a day of defeat in my health

I will never have a day stolen by sickness  
Everyday I live is filled with God's strength and wholeness  
The Lord has crowned my days with goodness and health

From the rising of the sun to its going down, I am strong in health

The covenant of healing is my daily covering  
The joy of the Lord is my daily strength  
My health is maintained by the power of God each day  
I am a daily miracle of divine health  
Every sunrise announces new health for me  
Every sunset confirms that I walked in strength

Not one day of my life will be wasted in affliction  
I live my days fully in strength and vigour  
I am strong today, I will be strong tomorrow and I will be strong forever  
I dwell in the secret place of the Most High and no affliction can touch me  
I abide under the shadow of the almighty where sickness cannot reach  
No plague shall come near my dwelling for the Lord is my shield

The blood of Jesus marks me as untouchable to disease

I am hidden in Christ and sickness cannot find me  
No weapon formed against my health shall prosper  
Every tongue that rises against my health is condemned in Jesus name

The Lord has built a hedge of protection around me, no disease can break through  
The angel of the Lord encamps around me and keeps me safe from affliction  
I am covered under the banner of Jehovah Rapha, my healer  
Evil arrows of sickness will not locate me  
The covenant of the blood keeps me immune to epidemics and plagues

I will not be a victim of contagious diseases  
The Spirit of God put a shield around my body keeping me from infection  
Every fiery dart of sickness sent against me is quenched by the shield of faith  
I am safe from hereditary sickness  
I am redeemed from every curse  
The diseases of Egypt shall never cling to me  
The Lord has taken sickness away from the midst of me

My home is preserved from affliction and disease  
The life of Christ in me makes me untouchable to the powers of sickness  
No sudden affliction will take me by surprise  
I will not be caught by the snares of the enemy in my health

I am protected from strange diseases that destroy others.  
I will not be a casualty of affliction.  
The Lord delivers me from every trap of sickness

Evil will not befall me and disease will not overtake me  
The blood of Jesus is the seal of divine immunity upon me

I am hidden in the cleft of the rock safe from every plague

No spiritual attack can manifest as sickness in my body

The covering of God makes me invisible to affliction

Sickness may roam around but it will not enter my life  
Pestilence may spread in the world but it will not come near me  
The Lord is my refuge and fortress against affliction

Every covenant of sickness is broken in my life  
Every generational affliction has been cancelled by the cross  
My portion is divine health not generational disease  
I am safe from every hidden trap of infirmity  
The power of the cross shields me from all afflictions  
The blood speaks better things over me—health and preservation  
The anointing destroys every yoke of affliction

My body is sealed by the spirit of God as untouchable to disease  
The sun shall not smite me by day nor sickness by night

The Lord keeps me in perfect health as I trust Him  
No curse of the enemy can manifest as disease in my life

The hand of the Lord preserves my body from all attacks

I am not afraid of the pestilence that walks in darkness  
I am not afraid of the destruction that lays waste at noon day  
A thousand may fall sick at my side and ten thousand at my right hand but it shall not come near me

The covenant of protection in Christ is my guarantee of safety  
I am sealed by the Spirit of promise against affliction.  
The Passover blood keeps destruction away from my dwelling  
My testimony is preservation and safety from affliction

I will never be a victim of sudden disease of affliction  
The Lord Himself is my keeper and the health of my body  
I am hidden in His hand where no disease can touch me  
The covenant of Christ is my shield from every sickness  
I walk daily under divine covering immune to the enemy's arrows

Affliction will not rise a second time in my life  
Every attempt of the enemy to return sickness is destroyed

The circle of affliction is broken forever in my life

I live under divine insurance fully covered by the covenant of Christ

No storm of sickness will sweep me away

I am secured in the ark of God's covenant health  
Sickness is far from me and from all that concerns me  
The health of God surrounds me like a wall of fire  
The enemy cannot penetrate the hedge of divine health around me

The covenant is my shield and affliction is kept away from me  
The Lord satisfies me with long life and shows me His salvation  
I will not die before my time  
I will fulfil the number of my days  
The Lord is the length of my days and the strength of my years

My life will not be cut short by sickness or accident  
With long life the Lord preserves and sustains me  
I will live to declare the works of the Lord in the land of the living

The same Spirit that raised Jesus from the dead gives life to my mortal body

I am daily renewed in strength by the Spirit of God  
My youth is renewed like the eagles  
I run and do not grow weary and I walk and do not faint

The Lord renews my strength continually

Old age will find me fruitful and flourishing  
I will not be weak in old age  
I will remain strong and vibrant

The blessing of the Lord preserves me to see my children's children  
I will enjoy many healthy, fruitful years on earth

The covenant keeps me from premature death  
My life will not be stolen or wasted by the enemy  
I will not be counted among those cut short by affliction  
The power of God sustains my body for many years  
I will not live in decline  
I will live in renewal

Every day I am full of energy and vitality  
My strength increases as my days increase  
The Lord adds years of life and peace to me

My later years will be greater in strength and impact

I will not fade away

I will shine brighter with age

I will accomplish all that God has ordained for me before leaving this earth

My destiny will not be aborted by sickness and affliction

I will not be bedridden in my old age

I will be strong and sound

The covenant of life cancels every appointment with untimely death

I am safe from every plan of destruction that shortens life

My days are written by God and none will be cut short

I live under the blessing of Abraham — long and prosperous life

I will not count my years in sorrow but in joy and health

Strength is added to my body daily as I grow older

I will climb the year gracefully and powerfully

Every cell and organ in my body is renewed daily

My eyesight will not grow dim and my strength will not diminish

The Lord sustains me like Moses, strong till the end

I will live a full age, fruitful and satisfied

Longevity is my heritage in Christ

I will not live in fear of death

I live in the assurance of life

I will not count short years

I will count long seasons of impact

God has promised me length of days and I believe it

No spirit of premature death will cut me down

I am preserved to see and enjoy many decades ahead

I will live long enough to fulfil all my God given assignment

Strength and vitality are my daily portion

Every year that passes brings me into greater health

My body responds to the renewing power of God's Spirit

My bones, my blood, and my heart are strengthened daily

I live each day with divine energy and zest

My life will not be wasted in hospital beds

I will not spend my years battling diseases

I will spend my years fulfilling divine purpose

Long life runs in my bloodline through Christ Jesus

The covenant secures my future health and vitality

I am preserved to see the goodness of the Lord in the land of the living

I will not fear growing old for I am growing stronger

The hand of the Lord carries me from year to year

I will live a long healthy and joyful life to the glory of God

The peace of God rules in my heart and my mind

I refuse anxiety

I live in the calm of God's presence

My mind is sound, clear and strong

The Lord restores my soul daily

No depression can hold me down

I rise in joy  
The joy of the Lord is my strength

I have the mind of Christ  
My thoughts are pure, peaceful and full of hope  
Every storm in my emotions is stilled by the peace of God  
I cast all my cares on the Lord and He sustains me

My heart is guarded by peace of God that passes all understanding  
I am free from tormenting thoughts

Fear does not rule my heart  
Faith does

I will not live in confusion  
I live in clarity and wisdom  
My emotions are healed from every wound of the past  
I am not broken inside  
I am whole in Christ  
Bitterness and resentment have no place in me

I am free from sorrow and despair  
The Lord turns my mourning into dancing  
I live each day in gladness of heart  
Every scar in my heart is healed by God's love  
I will not be crushed by disappointments

Hope rises strong in me every day  
I am not controlled by negative emotions  
I am led by the Spirit  
My mind is renewed daily by the Word of God  
I am delivered from mental oppression

Confusion is far from me  
Soundness is my portion  
My sleep is sweet and peaceful every night  
I rest securely without fear or torment

I will not be weighed down by worry  
My heart is free from heaviness  
I wear the garment of praise instead of the spirit of heaviness  
My inner man is strengthened by the Spirit of God  
I am whole spirit soul and body

I will not suffer breakdown in my mind or emotions  
I walk in divine stability and balance  
I will not be controlled by anger  
I will not be ruled by sadness  
I will not be overtaken by hopelessness  
I have peace like a river flowing in my heart  
My mind is full of light not darkness

Every lie of the enemy is cast down from my thoughts  
I think on what is true, noble, pure and praise worthy.  
The Word of God fills my inner man with joy  
I am cheerful hopeful and strong  
The Lord is the health of my countenance  
My face radiates peace and gladness  
I carry an atmosphere of peace everywhere I go

Stress and pressure cannot not crush me  
The Spirit of God calms every storm in my heart  
I live without inner battles  
I live in perfect peace

My emotions are steady and full of love  
I will not breakdown under pressure

I will not be unstable in mind or heart  
The oil of gladness rests upon me daily  
The Lord continually refreshes and comforts me  
I am full of joy unspeakable and peace unshakeable

I am free from mental torment and distress  
I will not be a prisoner of fear  
I am bold peaceful and full of courage  
The peace of Christ dominates my heart and emotions  
I am calm in every situation because the Lord is with me  
No weapon formed against my mind shall prosper  
The Spirit of God brings rest and serenity into my thoughts  
I am whole in my feelings and emotions  
My inner healing is complete in Christ

I do not live in regret  
I live in peace and hope  
Every chain of sadness is broken from my life  
I will not drown in sorrow  
I rise in gladness  
God wipes away every tear from my eyes

My life is marked by peace, joy and contentment  
I am steady in mind, strong in spirit and cheerful in heart  
I flourish in inner peace and emotional strength

My soul prospers and my heart is full of life  
The presence of God keeps my emotions healthy  
I am not shaken inside  
I am secured in Christ  
I walk daily in complete wholeness of mind and heart

I am redeemed from every generational curse  
Hereditary sickness has no power over me  
What ran in my family stops with me  
I will not inherit the diseases of my ancestors  
I am a new creation in Christ free from every family affliction  
The blood of Jesus has cut me off from generational bondage

I inherit blessing not sickness  
I inherit life not death  
The covenant of health runs in my bloodline now  
My children and descendants walk in divine health  
I secure generational blessing of strength and longevity  
The pattern of sickness in my family is broken forevermore

I am not a victim of family afflictions  
The Lord delivers me and my household from every inherited disease  
I am covered by the blood that speaks better things than curses  
No plague that afflicted my ancestors will touch me  
Every genetic weakness is replaced with divine strength  
My DNA is renewed by the power of God

The life of Christ flows in my blood and body  
No hereditary illness will survive in me  
What defeated my parents will not defeat me  
What limited past generations will not limit me  
I stand as the first of a new generational blessing

The curse is broken the blessing is established  
My future is free from the sicknesses of the past  
The seed of the righteous is delivered from affliction  
I decree generational healing in my family line  
The spirit of life in Christ Jesus works in me and my descendants

Sickness will not recycle in my household  
I am a carrier of life to generations after me  
My children and children's children are free from every inherited disease  
I leave behind a heritage of health and wholeness  
Every trace of generational afflictions is erased by the blood of Jesus  
My lineage is covered by the covenant of divine health  
The blessing of Abraham flows through my family line  
We are marked for life and health not death and sickness  
I am the one who breaks the cycle of infirmity

My generation begins afresh with strength and vitality  
The days of generational disease are over  
The covenant of long life rests on my family  
Every generational altar of sickness is shattered  
We rise as a family of strength and vigour  
No terminal disease will have a place in my bloodline

The power of God secures my household in health  
I will not pass down weakness to my children  
I pass down strength health and faith  
My family tree is full of life not death  
The healing covenant overshadows my lineage  
Every negative inheritance is replaced with divine inheritance

I am preserved from every disease in my family history  
I will not fear what afflicted those before me  
My future is secured in divine health  
I walk in to tomorrow strong and free  
My destiny is not tied to family sickness it is tied to Christ healing  
The mercy of God covers my generations to come

We walk in perpetual health as a family  
The Lord sanctifies my lineage and keeps us whole  
My household is covered in covenant health  
I live long and my children live long in strength

Sickness will not pass through me unto future generations  
I am a barrier against hereditary disease  
I am a doorway to generational healing

The name of Jesus is established in my household  
We flourish in health from generation to generation  
The Spirit of God preserves my bloodline  
We are free healed and whole forever

I am a vessel of God's healing power  
The life of Christ in me flows out to others

When I lay hands on the sick they recover  
Healing virtue flows through me because Christ live in me  
I am a carrier of the anointing that destroys sickness  
The Spirit of the Lord upon me brings healing to the broken  
My words carry power to bring health to others

I speak and healing wherever I go

I am a channel of God's mercy and compassion  
The Lord uses me to heal the afflicted  
Sickness cannot survive in my atmosphere  
Where I go healing goes  
Where I step life flows

The name of Jesus on my lips brings recovery  
The same spirit that raised Jesus from the dead flows through me  
My presence brings peace, strength and wellness to others

I am a living testimony of divine health  
Others see God healing in my life and believe  
I carry healing in my touch  
I carry deliverance in my words

God's power radiates from me to those in need  
I am a minister of life not death  
Through me many will experience God's healing

The healing anointing increases as I walk with God

When I pray sickness flees  
When I speak health is restored  
When I command diseases obey  
I am bold to release God's healing to the hurting

I am not a reservoir of healing  
I am a flowing river  
The river of life flows out of me to nations  
My testimony ignites faith in others to be healed  
God uses me to break chains of affliction  
The oppressed are set free through the name of Jesus I declare  
I am a sign and a wonder in health to the world

People will not only hear about healing, they will see it through me  
I am a living example of divine healing  
My life is a proof of God's covenant of health  
Everywhere I go I take healing with me  
I am a walking extension of God's love  
The Lord confirms His Word of healing through my life

The Spirit of healing is active in my home, my workplace and my ministry  
I will not hide the healing power of God  
I will declare it boldly to others  
I will testify so others may believe  
I will share so others may receive

I will shine so others may see the way  
Healing follows me because Christ lives in me  
I am an ambassador of wholeness  
I am a messenger of life  
Through me God's healing covenant spreads to generations

Those who come in contact with me will not leave the same  
The sick who meet me will encounter Jesus the healer  
The weary who meet me will find strength  
The who meet me will find restoration  
The dying who meet me will find life

I am a distributor of God's healing power  
I am a steward of His miracle working grace

The Lord delights to use me as a vessel of healing

Healing will not end with me  
It will flow through me

I am healed to heal others  
I am blessed to be a blessing  
I am whole to make others whole

The Spirit of the Lord flows in me and through me forever